



SALADS & SOUP

CAJUN CHICKEN SALAD \$12 ¾

heritage greens/ avocado/ corn/ black beans
feta/ blackened Cajun chicken
lime cilantro vinaigrette

QUINOA ARUGULA SALAD \$11

arugula/ red quinoa/ cherry tomatoes
squash/ roasted local beets/ red onion
local honey & lemon vinaigrette

'BISTRO' CAESAR SALAD \$9 ¼

'floating gardens' romaine/ baby kale
asiago crunch/ crispy capers/ pumpernickel croutons
housemade caper garlic dressing

add seared 4oz salmon fillet \$6 add grilled 5oz chicken breast \$6

add 6pc sautéed prawns \$9

'BISTRO' LOCAL GREENS \$9 ¼

heritage greens/ raisins/ pumpkin seeds/ carrot & beet wisps/ cucumber
cherry tomatoes/ goats cheese/ mustard greens
saskatoon berry vinaigrette

'STARTER SIZE' BISTRO CAESAR SALAD or BISTRO GREENS \$5

CHICKEN LIVER & BACON SALAD \$12

pan seared local chicken livers/ heritage greens/ cherry smoked bacon
roasted shallots/ fingerling potato/ local sour cherry vinaigrette

ask about our housemade vinaigrettes

SOUP OF THE MOMENT \$6

made fresh from scratch in our kitchen

FIELD MUSHROOM SOUP \$8

regionally sourced mushrooms/veg broth base/ cream/ wild rice & chive oil